

MILL TAVERN MENU 2023/2024

SNACKS & SHARING

- 1LB WINGS - \$21
BREADED OR UNBREADED, FRIES. CHOICE OF SAUCE: MILD, MEDIUM, HOT, HONEY-HOT, CAJUN DUST, JERK, LEMON-PEPPER, SWEET-CHILI, HONEY GARLIC, FORTY CREEK BBQ, 5 ALARM HOT
- CLASSIC POUTINE - \$18
FRIES, CHEESE CURDS, GRAVY, GREEN OIONS
*SUB CURRY SAUCE \$2
- FIRECRACKER CALAMARI - \$20
BREADED CALAMARI PIECES, DEEP-FRIED JALAPENO RINGS, LEMON WEDGE, DILLY HEAT SAUCE ON SIDE
- DEEP-FRIED POPCORN CURDS - \$18
BREADED CHEESE CURDS, MARINARA SAUCE ON SIDE
- CAULIFLOWER BITES - \$15
DEEP-FRIED CAULIFLOWER PIECES, FRANK'S RED HOT, BLUE CHEESE DRESSING ON SIDE
- SPINACH DIP - \$20
SPINACH & ARTICHOKE HEARTS, CREAM CHEESE, SHREDDED CHEESE, PITA, CORN CHIPS
- QUESADILLA - \$17
FLOUR TORTILLA, SHREDDED CHEESE, PICO DE GALLO, JALAPENOS, GREEN ONIONS, SALSA ON SIDE, SOUR CREAM ON SIDE
- NACHOS - \$19
CORN CHIPS, SALSA, SHREDDED CHEESE, PICO DE GALLO, GREEN ONIONS, JALAPENOS, SOUR CREAM ON SIDE
*ADD CHICKEN (\$7), BEEF (\$5), GUACAMOLE (\$3)
- FISH BITES - \$20
SEA SALT & MALT VINEGAR CRUSTED FISH, TARTAR SAUCE ON SIDE, LEMON WEDGE
- CHICKEN TENDERS - \$20
BREADED CHICKEN TENDERS, FRIES, PLUM SAUCE ON SIDE

- DEEP-FRIED PICKLES - \$18
SEASONED BREADED PICKLE SPEARS, RANCH ON SIDE
- LOADED PEROGIES - \$18
POTATO & CHEESE PEROGIES, SAUERKRAUT, PICO DE GALLO, BACON BITS, GREEN ONIONS, SOUR CREAM ON SIDE
- SALT & PEPPER DRY RIBS - \$19
SALT & PEPPER SEASONED PORK RIBS, LIME WEDGE, SWEET CHILI ON SIDE
- ZUCCHINI STICKS - \$18
SEASONED BREADED ZUCCHINI, LEMON WEDGE, RANCH ON SIDE
- POTATO SKINS - \$17
POTATO SHELLS, SHREDDED CHEESE, BACON BITS, FORTY CREEK BBQ DRIZZLE, GREEN ONIONS, SOUR CREAM ON SIDE

SALADS

- SESAME SHRIMP SALAD - \$24
MIXED GREENS, CUCUMBERS, PICKLED ONIONS, RED PEPPERS, RED CABBAGE, SHREDDED CARROTS, DEEP-FRIED WONTON CRISPS, SESAME SEEDS, ASIAN SESAME DRESSING, SWEET CHILI SHRIMP SKEWER
- COBB SALAD - \$22
ROMAINE LETTUCE, HARDBOILED EGG, SHREDDED CHEESE, BACON BITS, CHERRY TOMATOES, RED ONIONS, SHREDDED CHICKEN, CUCUMBERS, RASPBERRY VINAGRETTE
- CRANBERRY WALNUT SALAD - \$21
MIXED GREENS, GOAT CHEESE, WALNUTS, DRIED CRANBERRIES, MAPLE BACON, GRANNY SMITH APPLE, LEMON MAPLE VINAGRETTE
- GARDEN SALAD - \$19
MIXED GREENS, CUCUMBERS, CHERRY TOMATOES, SHREDDED CARROTS, PICKLED ONIONS, RED CABBAGE
- CAESAR SALAD - \$19
ROMAINE LETTUCE, BACON BITS, PARMESAN, CROUTONS, LEMON WEDGE, CAESAR DRESSING

*SALAD ADD-ONS: SHRIMP (\$7), STEAK (\$9), CHICKEN (\$7)

SANDWICHES, BURGERS, WRAPS

*ALL SANDWICHES, BURGERS & WRAPS SERVED WITH A CHOICE OF FRIES OR GARDEN SALAD

**UPGRADE TO CAESAR SALAD, SWEET POTATO FRIES, ONION RINGS OR POUTINE FOR \$2.50

- REUBEN - \$22
MONTREAL SMOKED MEAT, SWISS CHEESE, SAUERKRAUT, 1000 ISLAND DRESSING, MARBLE RYE
- PHILLY CHEESESTEAK - \$22
PHILLY STYLE STEAK, ONIONS, RED PEPPERS, MUSHROOMS, SHREDDED CHEESE, HOAGIE
- DRUNKEN HOG - \$22
BEER BRAISED PULLED PORK, COLESLAW, FRIED ONIONS, FORTY CREEK BBQ SAUCE, PRETZEL BREAD
- STEAK SANDWICH - \$24
AAA CANADIAN SIRLOIN, HORSERADISH MAYO, MUSHROOMS, FRIED ONIONS, OPENFACED ON HALF HOAGIE
- CLASSIC CLUB - \$21
GRILLED CHICKEN, BACON, MIXED GREENS, TOMATOES, CHEDDAR CHEESE, MAYO, CHOICE OF BREAD: WHITE, WHOLE WHEAT, FLOUR WRAP
- VEGGIE WRAP - \$20
MIXED GREENS, PICO DE GALLO, CARROTS, RED CABBAGE, MUSHROOMS, ONIONS, RED PEPPERS, CUCUMBERS, GOAT CHEESE, BALSAMIC DRESSING
- CAESAR WRAP - \$21
ROMAINE LETTUCE, BACON, PARMESAN, BREADED CHICKEN, CAESAR DRESSING
- BUFFALO CHICKEN WRAP - \$20
BREADED CHICKEN, MIXED GREENS, PICO DE GALLO, SHREDDED CHEESE, HOT SAUCE & RANCH
- CAULIFLOWER BUFFALO WRAP - \$20
BREADED CAULIFLOWER MIXED GREENS, PICO DE GALLO, SHREDDED CHEESE, HOT SAUCE & RANCH
- DONAIR - \$20
LAMB & BEEF, ROMANE LETTUCE, TOMATOES, ONIONS, PITA, SWEET SAUCE

- THE MILL BURGER - \$22
TWO BEEF PATTIES, BRIE CHEESE, PICKLED ONIONS, TWO BACON STRIPS, MIXED GREENS, TOMATOES, CHIPOTLE MAYO
- JACK BURGER - \$22
TWO BEEF PATTEES, BACON & ONION JAM, MONTERAY JACK CHEESE, MIXED GREENS, TOMATOES, GARLIC MAYO
- FISH TACOS - \$21
SEA SALT & MALT VINEGAR CRUSTED FISH, MIXED GREENS, PICO DE GALLO, DEEP-FRIED JALAPENO RINGS, CARROTS, RED CABBAGE, PICKLED ONIONS, DILL AIOLI, GUACAMOLE, LIME WEDGES
- SALMON BURGER - \$23
SALMON PATTY, MIXED GREENS, PICKLED ONIONS, TOMATOES, DILL AIOLI, GUACAMOLE
- VEGGIE BURGER - \$20
VEGGIE PATTY, MIXED GREENS, PICKLED ONIONS, CUCUMBERS, TOMATOES, GARLIC MAYO

MAINS

- FISH & CHIPS - \$22
SEA SALT & MALT VINEGAR CRUSTED FISH, FRIES, TARTAR SAUCE, COLESLAW, LEMON WEDGE
- BAKED PENNE - \$23
CHICKEN, BACON PIECES, ONIONS, PENNE PASTA, ROSÉ SAUCE, SHREDDED CHEESE, GREEN ONIONS, GARLIC BREAD
- PORTOBELLO FETTUCCINI - \$22
PORTOBELLO MUSHROOMS, FRESH BASIL, FETTUCCINI PASTA, ALFREDO SAUCE, GARLIC BREAD
- MAC & CHEESE - \$20
ELBOW MACARONI PASTA, ALFREDO SAUCE, SHREDDED CHEESE, PANKO, GREEN ONIONS, GARLIC BREAD
- STEAK FRITES - \$28
8OZ AAA CANADIAN TOP SIRLOIN, FRIES, PEPPERCORN SAUCE

- SPICY SHRIMP CURRY - \$23
5 SHRIMPS TAIL-ON, RED PEPPERS, RED ONIONS, GREEN ONIONS, COCONUT CURRY SAUCE, IN-HOUSE HOT SAUCE, RICE
- BANGERS & MASH - \$22
TWO PORK SAUSAGES, ONIONS, BACON PIECES, MASHED POTATOES, GRAVY, GREEN ONIONS
- SHEPHERDS PIE - \$21
SEASONED GROUND BEEF, CORN, PEAS, MASHED POTATOES, GARLIC BREAD, GRAVY ON SIDE
- LIVER & ONIONS - \$21
BEEF LIVER, ONIONS, BACON PIECES, MASHED POTATOES, GRAVY, GREEN ONIONS
- CHICKEN & RIBS - \$29
½ RACK PORK RIBS: CHOICE OF SAUCE
4PC CHICKEN WINGS: CHOICE OF SAUCE
FRIES, COLESAW